

# Breckenridge Senior Citizens Center

## April 2025 - News Letter

### Board of Directors

President: Harlan Arneson,

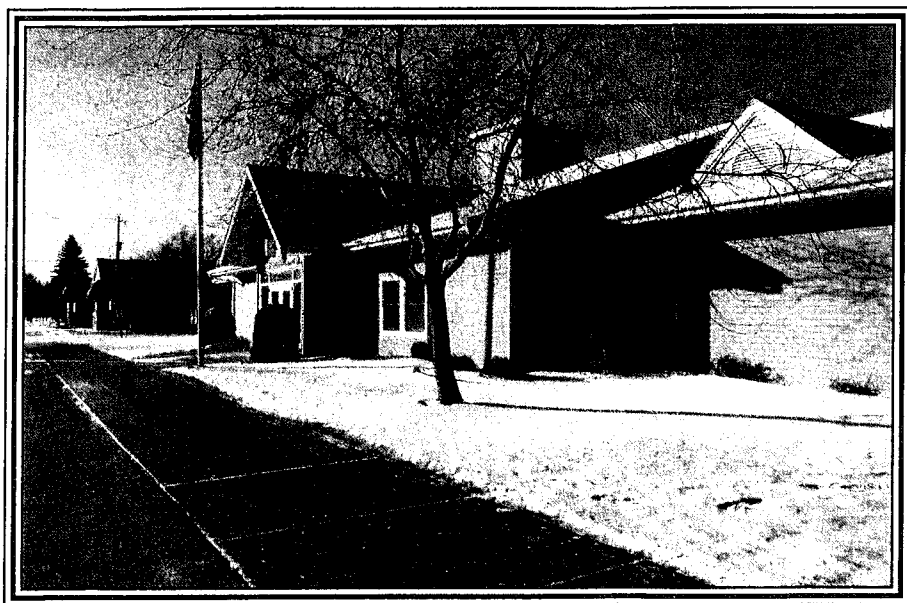
Vice President: Darlene Arth,

Treasure: Harlan Arneson

Secretary: Ella Watson

### Board Members:

Arlene Cossette and Janette Hasse



**Life Time Members:** Beverly Arneson, Harlan Arneson, Shirley Berndt, Audrey Boll, Myrna Burlinson, Cal Cole, Margaret Conzemius, Arlene Cossette, Jeanne Devine, Charles Dupree, LaVonne Dupree, Bev Dozak, Marie Ellingson, Dona Hasbargen, Janette Hasse, Valeria Hegel, Carol Helgeson, Janis Johnson, Kathleen Johnson, MarJo Keller, Gordy Kessler, Kevin Krutsinger, Merrill Miranowski, Stephanie Miranowski, Pat Mitzel, Audrey Osmondson, Beryl

Osmondson, Paulette Raguse, Dorothy Rakow, Lois Ruediger, Elizabeth Spent, Lois Thykeson, Ella Watson, Sandra Wilson, Gary Wawers, Cheryl Ziegelmann and Steve Ziegelmann.

**2025 Paid Members** - Harvey Andel, Darlene Arth, Carol Anderson, Dale Anderson, Beth Beyer, Dennis Beyer, David Beyer, Jan Beyer, Gary Boutiette, Beverly Christensen, Kay Christenson, Donna Doran, Jared Dupree, Alice Ellsworth, Diane P. Bjerke, Beverly Christenson, Janet Czichotzki, Donald Facey, Pamela Facey, Neal Folstad, Phyllis Folstad, Tom Hiedeman, Velora Hensley, Cecil Irion, Darlene Irion, Florene Johnson, Paul Kaufman, Stephanie Kaufman, Steve Klein, Patricia Kloster, Thomas Kloster, Mary Kosel, Irv Leinen, Kaye Leinen, Joretta Lingen, Denanna Loreth, Jerry Loreth, Jan Michels, Berniece Miller, Glen Roberge, Paul Sannes, Christine Orsburne, Raymond Orsburne, Bob Oscarson, Jeri Oscarson, Gloria Reisdorfer, Muriel Revier, Glen Roberge, Celia Rossow, Paul Sannes, Krystal Schaible, Beverly Schillinger, Janella Schmidt, Nancy Stackhouse, Maynard Thomson, Dianne Vavra, Alan Wallace, Paula Wallace, Marlys Wefel and Millie Ziegelmann.

**Hopeful Members (Not paid)** - Wallace Affield, Faye Andree, Sue Anderson, Barbara Baumgartner, Mary Cambell, Doug Cambell, Teeke Colby, Mike Dupree, Rosie Dupree, Marge Ehlers, VonDaLee Grandalen, Alice Gowin, Dennis (Joe) Higgins, Edna Hermes, Germaine Jelinek, Dee Johansen, Donna Kerry, Roy King, Butch Klinnert, Diane P Klinnert, Judy Korinek, Donna Marohl, Albert Mikesh, Cathy Nordick, Jerry Nordick, Eileen Overby, Pat Peterson, Wilma Papka, Julie Reeder, Charles Reiff, Mary Lou Roecker, Neil Ross, Rosemary Samuelson, Bruce Storm, Del Walter, Eugene Walter, Joanie Ward, Mark Ward, and Howard Woodbury

**Breckenridge Senior Center Mission Statement** - Our mission is to provide seniors with programs which will enhance and encourage independence, socialization, choices, and a healthy lifestyle. Everyone will be free of discrimination and be treated with dignity and respect.

## PINOCHLE WINNERS

### FEB 25 Pinochle Winners

- 1<sup>st</sup>: Neil Folstad
- 2<sup>nd</sup>: Steve Klein
- 3<sup>rd</sup>: Rich Hill
- 4<sup>th</sup>: Harvey Andel
- 5<sup>th</sup>: Cecil Irion, Marlys Wefel, Jerry Loreth

### MARCH 4, Pinochle Winners

- 1<sup>st</sup>: Dave Beyer
- 2<sup>nd</sup>: Muriel Revier
- 3<sup>rd</sup>: Kathy Johnson
- 4<sup>th</sup>: Beth Beyer
- 5<sup>th</sup>: Phyllis Folstad

### MARCH 11, Pinochle Winners

- 1<sup>st</sup>: Denny Beyer
- 2<sup>nd</sup>: Jan Beyer
- 3<sup>rd</sup>: Alice Ellsworth
- 4<sup>th</sup>: Kathy Johnson
- 5<sup>th</sup>: Charlie Dupree

### MARCH 18, Pinochle Winners

- 1<sup>st</sup>: Jan Beyer
- 2<sup>nd</sup>: Denny Beyer
- 3<sup>rd</sup>: Neal Folstad
- 4<sup>th</sup>: Beth Beyer
- 5<sup>th</sup>: Jared Dupree
- 6<sup>th</sup>: Dave Beyer

## WHIST WINNERS

### Feb 20, Whist Winners

- 1<sup>st</sup>: Muriel Revier
- 2<sup>nd</sup>: Alice Ellsworth
- 3<sup>rd</sup>: Berniece Miller

### FEB 27, Whist Winners

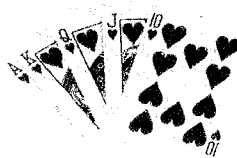
- 1<sup>st</sup>: Cecil Irion
- 2<sup>nd</sup>: Berniece Miller
- 3<sup>rd</sup>: Darlene Arth

### MARCH 6, Whist Winners

- 1<sup>st</sup>: Kay Christensen
- 2<sup>nd</sup>: Janella Schmidt
- 3<sup>rd</sup>: Dianne/  
Berniece Miller

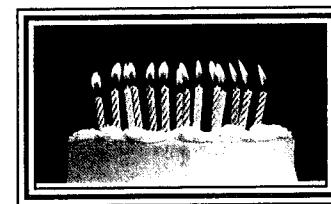
### MARCH 13, Whist Winners

- 1<sup>st</sup>: Alice Ellsworth
- 2<sup>nd</sup>: Gary K
- 3<sup>rd</sup>: Kay Christensen



If you are interested in playing cards, please call Ella Watson and give her your name and phone number.  
(218-671-0964)

## *April Birthday's*



- 03 Audrey Boll
- 04 Wallace Affield
- 06 Charles Dupree
- 11 Krystal Schaible
- 14 Joretta Lingen
- 15 Mary Campbell
- 15 Darlene Irion
- 17 Donna Kelly
- 19 Judy Korinek
- 20 Sue Anderson
- 20 Don Facey
- 21 Lois Thykeson
- 22 Kaye Leinen
- 23 Dona Hasbargen
- 24 Joanie Ward
- 27 Gordy Kessler

## *April Anniversaries*

- 03 Steve Klien and Wife

### **RENTING THE SENIOR CITIZENS CENTER:**

The Senior Center can be rented for special occasions: such as a bridal shower, rummage sale, family gathering, birthday party, anniversary party, graduation party, Christmas, etc.

The center can be rented on weekends, week nights, and may be rented during the week if we can make it work.

Dinning Room - \$100. plus \$100. deposit.

Note: Deposit is used to cover any cleaning charges or damage caused by renters. Deposit money will be returned if the center is cleaned and there is no damage.

### **SUPPORT YOUR SENIOR CENTER KITCHEN**

Everyone is encouraged to come and have a NOON MEAL at the Breckenridge Senior Center. Suggested meal cost is \$7.00. Noon meals will be served, Monday to Friday at 11:00-12:00. If you wake up and decide you would like to have noon lunch at the center, please call the Center (643-5730) before 8:00 a.m. It would be best if you would inform us the day before your planned meal.

Look over the menu, pick a couple of days and make plans to eat at the center those days.

### **DAILY ACTIVITIES -**

Pinochle each Tuesday 1:00 PM,

Bingo each Wednesday 1:00 PM

Whist each Thursday at 1:00 PM.

**PINOCHLE, Tuesday 1:00 P.M.** - There is normally five - six tables of players each week. Each player pays \$1.00 to play. There is a small cash price for the top three

players each week. Everyone enjoys playing cards, visiting and having lunch when they are done at about 4:00 p.m.

**BINGO, Wednesday 1:00 P.M.** - There is a charge 50 cents per card for the day and you can play as many cards as you would like.

We play a total of twenty different games. Each game winner receives a dollar. The 12<sup>th</sup> game is blackout, if you get blackout before a certain number of numbers are called you will get \$25.00. If you get the first blackout but it is over the number of numbers called you will receive \$3.00. We have a small lunch after we play blackout. We play seven more games after lunch. We are normally done by 3:00 p.m.

**WHIST, Thursday 1:00 PM** - If you are interested in playing whist please call the center 218-643-5730. Your name will be added to a players list and you will be called when players are needed.

There is normally three - five tables of players each week. Each player pays \$1.00 to play. There is a small cash price for the top three players each week.

**AFTERNOON LUNCH (Game Day)** - I would like to see all game players take there turn providing-bringing lunch. We have a sign up sheet on the bulletin board next to the office. Please pick a date, and let us know the date by signing the lunch sign up sheet. If you are not able to make something, maybe you could buy something. It is a snack not a meal.

**MEMBERSHIP DUE'S** - BSC membership follows a standard year January 1 to December 31. Yearly membership is \$20.00 or you could get a lifetime membership for \$150.

Please support the Breckenridge Senior Citizens center with your yearly membership. If you have not paid please take care of this as soon as possible.

**DONATIONS** - If you have extra money and you are looking for a not-for-profit organization to donate to, please consider donation to the Breckenridge Senior Citizens Center. This would be a great way to help the center.

### **CENTERS NEEDS**

\* Bingo players to come and enjoy a couple of hours on Wednesday afternoon from 1 - 3.

\* Members to attend Pot Luck Suppers - Split Pot Bingo and other activities held at the Breckenridge Senior Center.

\* We could use the following items for daily operation.

- Regular and Decaffeinated Coffee, Creamer

\* We need treats for the Ham Bingo that will be held on Saturday, April 12<sup>th</sup>.

**MEMORIAL** - If you would like to remind people of a special person in your life that has passed. You could give a memorial to the center in their name. I will print in that month's newsletter that you have made a donation to the center in their name.

## **UPCOMING EVENTS:**

### **April Schedule - Activities**

04	10:00 am	LSS Older Adult Services
08	8:00 am	Foot Clinic
	5:00 pm	Pot Luck Supper
	6:00 pm	Split Pot Bingo
09	8:00 am	Foot Clinic
	9:00 am	Board Meeting
12	6:30 pm	Ham Bingo
14	10:15 am	Sanford Presentation - Combined Alcohol-Medication
16	11:30 am	Birthday/Anniversary Meal
22	5:00 pm	Split Pot Bingo

### **April 4, LSS Rural Aging Action Network**

Annual Older Adult Resource Fair

**Friday, April 4 10 a.m. - 3 p.m.**

Breckenridge Senior Citizens Center

Come learn about local resources in our community that can assist you in enhancing your quality of life and aging successfully while developing a community care team.

Connect, learn and meet service providers in our area at this free event! (Continue on next page)

## LSS Rural Aging Action Network

We provide a free whole-person evaluation for older adults 60 years of age and older to support them in finding the right services to thrive. We assess their needs and provide referrals for housing, nutrition, access to health care, social activities and transportation. Through this evaluation, we identify and address gaps in services to ensure older adults are supported.

**April 8/9 - Foot Clinic** - If you are interested in attending the foot clinic and would like to get a appointment please call Chris (320-224-5521) or Julie (216-731-4190). The cost for this service is only \$25.00.

### **April 9, Potluck Supper - 5 pm**

Please mark this date on your calendar and plan on attending our first Potluck Supper for 2025. Make a dish or purchase something and come enjoy a meal with your family at the Breck. Senior Center. I will bring you information related to Potluck Supper options.

### **April 9, Jackpot Split Pot Bingo - 6:15 pm**

We will have our first Split Pot Bingo of 2025 on April 9<sup>th</sup>. We play a total of twenty games, and collect \$1.00 for three card for each game.

The last game will be Jackpot Coverall Bingo, **We**

will continue with the Jackpot were we left off last year. The number is 60, if someone covers all the numbers on a Bingo Card before 60 numbers are called they will receive \$200. If the first one to cover all the numbers on a card is over 60 numbers they will receive half of the money collected for that Game.

Come support your center on April 9<sup>th</sup> and you may be lucky and win the \$200. Jackpot. Someone will win the Jackpot soon and it just as well is you.

## **April 12 - Ham Bingo**

Breckenridge Senior Center is hosting a Ham Bingo on **Saturday, April 12 6:30 pm** at the Breckenridge Senior Center.

The event is open to the public. All proceeds will benefit the Breckenridge Senior Center, 225 South 5<sup>th</sup> Street in Breckenridge.

**Procedure:** Three cards for \$1.00 or .50 cents a card per game. There will be 21 games played. There will be one winner per game. The winner will receive a 8-10 pound Ham. The last game will be blackout and the winner will receive two 8-10 pounds Hams.

Please plan on picking up your friends and come play Bingo for a Ham or maybe you win two Hams.

**Treats and coffee will be provided.**

**April 14, Alcohol-Medication Use in Older Adults.** Sanford Health will be joining the Breckenridge Senior Center on Monday - April 14, 2025. They will present at 10:15 A.M. on the risks of combined Alcohol-Medication use in older adults. As we know, chronic conditions increase with age, and these too can be worsened by associated alcohol use. **Join us to learn about how adults are more susceptible to the sedating effects of alcohol!**

**April 16 - Birthday Meal** - Members of the Breckenridge Senior Center can enjoy a free noon meal at the Senior Center on the third Wednesday of the month of their birthday. This is not a take out meal. You should call the day before the planned meal and inform Cheryl that you would like to attend the noon meal on April 16 and your choice of menu options. **This is sponsored by Sanford Health.**

**April 22 - Jackpot Split Pot Bingo** - We will have our second Jackpot Split Pot Bingo in 2025. We play a total of twenty games, and collect \$1.00 for three card for each game. The last game will be Jackpot Coverall Bingo. We will continue with the Jackpot were we left off on April 9<sup>th</sup>.

- **If there is not a winner on April 8.** Players will need to have all numbers on a card covered on or before 61 numbers or called. The jackpot is \$200.

- **If there is a winner on April 8.** Players will need to have all numbers on a card covered on or before 51 numbers called. The jackpot is \$200.

Please plan on coming and having a fun time playing

bingo with your family here at the Breckenridge Senior Center. You could go home with \$200. in your pocket. All the profits are used to support the Center.

**May 10 - Rummage Sale** - The Center will be having its spring rummage sle on May 10<sup>th</sup>. This will give you time to clean out the closets, basement, etc and be ready for the May rummage sale. I would appreciate if you would wait closer to the date before you start brings your donations to the center.

**May 13 - Board Business Meeting** and election of Officers will be held on May 13, at the Pot Luck Supper.

If you are interested in running for Breckenridge Senior Center President, Vice President, Secretary or a three year term as a Board Member.

**We are in need of in need of members that are willing to serve as a officer or as a board member, please let Harlan know if you are interested.**

## UPDATES

### **Tai Ji Quan: Moving for Better Balance**

We were unable to get enough people interested to run this class. Thanks to everyone that planed on taking the class and Marcy Schutt for volunteering to teach the class.

**Thank You:** We no longer need cake mix's, brownie mix and frosting thank to the members that donated these idem's to the Center. We are still in need of coffee.



**Lutheran  
Social Service**  
of Minnesota



**SERVICES FOR OLDER ADULTS**

**Join Us for the LSS Rural  
Aging Action Network Service  
Older Adult Resource Fairs**

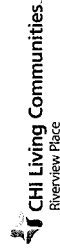
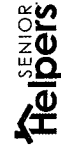
**Join us for our free resource fairs highlighting  
community services for older adults living in  
Cass, Clay, Otter Tail, Ransom, Traverse and  
Wilkin counties.**

**Connect with exhibitors to find  
local resources such as:**

- Health care, including navigating the health care system, health insurance, preventative care and medication review.
- Caregiver support and respite services.
- Housing services.
- Nutrition services, including services that offer healthy meals.
- Transportation services for medical appointments, grocery shopping and running errands.

**Learn More** by emailing  
[lssraanservice@lssmn.org](mailto:lssraanservice@lssmn.org).

THANKS TO OUR EVENT SPONSORS!



Lutheran  
Services  
in America

**Event Details**

**Friday, April 11**

**10 a.m.-2 p.m.**

**Breckenridge Senior  
Citizens Center**  
225 5th St. S.  
Breckenridge, MN 56520

**Thursday, April 17**

**10 a.m.-2 p.m.**

**FARGODOME**  
1800 North University Drive  
Fargo, ND 58102

LSS Rural Aging Action Network Service receives funding from the Minnesota Board on Aging and Area Agencies on Aging as part of the Older Americans Act and Lutheran Services in America. Lutheran Social Service of Minnesota is a welcoming organization offering employment opportunities and support for all people.

*I have been working on this project for 7 years*

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## Breckenridge Monthly Meal Menu for April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Meals are served with low fat milk, break and margarine	01) Chicken Noodle Casserole Meat Loaf Mashed potato/gravy Mixed vegetables Cinnamon applesauce	02) Tater Crust Fish Meat balls Chessy hash browns Coleslaw Orange fruited jell-o	03) Ham Turkey Mashed potato/gravy Baked squash Cake	04) Kneophla Soup Muffin Fruit Dessert
07) Beef Stew Country fried steak Mashed potato/gravy Carrots Pudding/topping	08) Hamburger/bun Polish sausage/bun Baked beans Potato salad Strawberry shortcake	09) Chicken Alfredo Goulash Biscuits Peas Cookie	10) Liver N Onions Roast Pork Mashed potato/gravy Corn Puddng Fluff	11) Bean & Ham Soup Muffin Fruit Juice Dessert
14) Country Pork Chop Chicken Breast in Country gravy Beets Lemon Bar	15) Ribette Salisbury Steak Baked potato Creamed Corn Posy Pears	16) Turkey Roast beef Mashed potato/gravy Baked squash Pumpkin Bar	17) Tater Tot Hotdish Baked fish Baked potato Creamed peas Lemon fluff	18) Chicken noodle soup Sandwich Poke cake
21) Chicken Strips Swedish meatballs Mashed potato/gravy Corn Pudding/topping	22) Liver N Onions Pork Chop Au gratin potatoes Geen beans Fruit Crisp	23) Chef Salad Spaghetti/meat sauce Yellow beans Bread stick Fruit	24) Meat balls Roast Turkey Mashed potato/gravy Yams Cookie	25) Vegetable soup Egg salad sandwich Fruit Cup
28) Tuna Tetrzzini Salisbury Steak Baked potato Beets Fruit cup	29) Meatloaf Baked chicken Mashed potato/gravy Broccoli Cheesecake	30) Taco Salad Ham Scalloped potatoes Carrots Rice Krispie Bar	NSI provided this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging.	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change. Meals are served with low fat milk, bread, and margarine.

Please call by 8:00 with changes or leave a message anytime.  
Phone # 643-5730