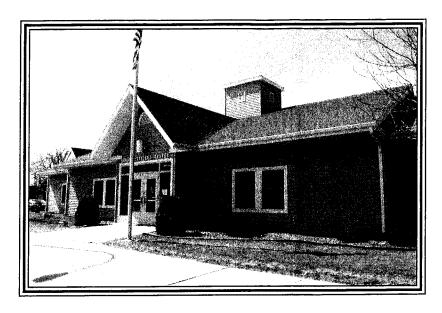
Breckenridge Senior Citizens Center November 2024 - News Letter



Board of Directors

President: Harlan Arneson,

Vice President: Darlene Arth, Treasure: Harlan Arneson

Secretary: Ella Watson

Board Members:

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2024 Yearly Members - Wallace Affield, Harvey Andel, Faye Andree, Darlene Arth, Carol Anderson, Sue Anderson, Dale Anderson, Barbara Baumgartner, Beth Beyer, Dennis Beyer, David Beyer, Jan Beyer, Diane P. Bjerke, Gary Boutiette, Mary Cambell, Doug Cambell, Kay Christenson, Beverly Christensen, Teeke Colby, Janet Czichotzki, Donna Doran, Jared Dupree, Rosie Dupree, Marge Ehlers, Alice Ellsworth, Donald Facey, Pamela Facey, Neal Folstad, Phyllis Folstad, Von Da Lee Grandalen, Edna Hermes, Cecil Irion, Darlene Irion, Germaine Jelinek, Florene Johnson, Dee Johansen, Paul Kafuman, Steph Kafuman, Donna Kerry, Roy King, Butch Klinnert, Judy Korinek, Diane Klinnert, Ed Klein, Steve Klein, Clared (Ed) Knoell, Mary Kosel, Irv Leinen, Kaye Leinen, Joretta Lingen, Denanna Loreth, Jerry Loreth, Donna Marohl, Jan Michels, Berniece Miller, Cathy Nordick, Jerry Nordick, Christine Orsburne, Raymond Orsburne, Bob Oscarson, Jeri Oscarson, Eileen Overby, Pat Peterson, Wilma Papka, Gloria Reisdorfer, Julie Reeder, Charles Reiff, Muriel Revier, Mary Lou Roecker, Neil Ross, Celia Rossow, Patricia Rustand, Paul Sannes, Rosemary Samuelson, Krystal Schaible, Beverly Schillinger, Janella Schmidt, Nancy Stackhouse, Bruce Storm, Maynard Thomson, Dianne Vavra, Del Walter, Eugene Walter, Ella Watson, Joanie Ward, Mark Ward, Alan Wallace, Paula Wallace, Marlys Wefel, Howard Woodbury and Millie Ziegelmann

Breckenridge Senior Center Mission Statement -

Our mission is to provide seniors with programs which will enhance and encourage independence, socialization, choices, and a healthy lifestyle. Everyone will be free of discrimination and be treated with dignity and respect. (Page 1)

PINOCHLE WINNERS



Sept 24, Pinochle Winner

1st: Beth Beyer 2nd: Irv Leinen 3rd: Paul Sannes

4th: Kay Christensen

Oct 1, Pinochle Winners

1st: Kathy Johnson

2nd: Rich Hill

3rd: Denny Beyer 4th: Bob Oscarson 5th: Ella Watson

Oct 8, Pinochle Winners

1st: Muriel Revier 2nd: Denny Beyer

3rd: Alice Ellsworth

4th: Steve Klein

5th: Phyllis Folstad

Oct 15, Pinochle Winners

1st: Marlys Wefel

2nd: Rosie Dupree

3rd: Harvey Andel

4th: Kathy Johnson

5th: Kaye Leinen

WHIST WINNERS

Sept 19, Whist Winners

1st: Bernice Miller

2nd: Maynard Thomson

3nd: Lois Ruediger

Sept 26, Whist Winners

1st: Ella Watson

2nd: Maynard Thomson

3nd: Charlie Dupree

Oct 3, Whist Winners

1st: Lois Ruediger 1st: Muriel Revier 2nd: Bernice Miller

Oct 10, Whist Winners

1st: Muriel Revier

2nd: Janella Schmidt

3rd: Cecil Irion

3rd: Kay Christensen

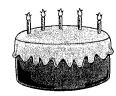
Oct 17, Whist Winners

1st: Carol Helgeson 2nd: Charlie Dupree 3rd: Marlys Wefel



November Birthday's

Happy Birthday



05 Nancy Stackhouse

06 Denanna Loreth

08 Beth Beyer

10 Faye Andree

17 VanDaLee Grandalen

17 Maynard Thomson

25 Marie Ellingson

26 MarJo Keller

November Anniversaries

Happy Anniversary

14 Beth/Dennis Beyer

11 Barb/ Baumgarter

30 Beverly/Harlan Arneson

Members that have their Birthday in October are invited to a free meal at the Center on Wednesday, October 16. This meal is sponsored by Sanford Health.

November Activities

Nov 5 (Election) - There will be no Pinochle on November 5th because the Center will be used by the City of Breckenridge for Election.

Nov 12 (Potluck Supper) - We have been having a pot luck supper each month on the second Tuesday of the month March - December.

Tuesday, November 12

5:00 PM Eat

5:30 PM

We will have a guest speaker

(Topic - What to do with scammer)

6:00 p.m. - Split Pot Bingo

We will be playing Cash Jackpot Bingo with a Jackpot of \$200.

Nov 12/13 (Foot Clinic) - Julie and Chris are here the second Wednesday of the month and the day before. If you are interested in attending the foot clinic please call Chris (320-224-5521) or Julie (216-731-4190). The cost is only \$20.00.

Chris - 320-224-5521 Julie - 216-731-4190

Nov 16, Turkey Bingo Saturday - November 16 - 6:30 P.M.

Please plan on coming to the center to play Bingo for the chance too win a turkey or maybe two turkeys. We will start playing Bingo at **6:30 P.M**.

Procedure - We collect each game 50 cents per card or three cards for \$1.00. We play 20 games of Bingo with the prize being a **20-22 pound** turkey for each game. The final game is black out bingo with the prize being two 20-22 pound turkeys. Treats, and coffee will be provide.

NOV.16th -**Treats Needed** - We would appreciate if you could bring some finger treats for Turkey Bingo. Please bring them to the Center on Saturday, November 16 between 5:45 - 6:30 P.M.. If you are unable to bring them at that time please call Harlan 701-899-2502.

Nov. 20 - Birthday/Anniversary Recognition

I hope if it is your Birthday in November, that you make every effort to attend the Birthday recognition at 11:30 on Wednesday, November 20. If you want to attend please call and let Cheryl know you plan on attending and what you want to eat. Sanford Health is the sponsor of this monthly event.

Nov 26 - Cash Jackpot Bingo

We have Cash Bingo on November 26. We play 19 games of regular bingo. The cost is \$1.00 for three cards per game. The winner of each hand receives half of the income for that game.

The tweneth game is blackout, all the income for backout is given out to the winner of that game or if you have all of the numbers covered on or before 58 numbers you will receive a jackpot of \$200. We will be done about 8:30 p.m..

Nov 28 - Thanksgiving - Center will be closed.

DECEMBER ACTIVITIES

Dec. Activities

10	8:00 AM - 5:00 PM	Foot Clinic
10	5:00 PM	Pot Luck Supper
	6:00 PM	Raffle Drawing
	6:15 PM	Cash Jackpot Bingo
11	8:00 AM - 5:00 PM	Foot Clinic
	9:00 AM	Board Meeting
18	11:30 AM	Birthday/Anniversary

WAYS YOU CAN HELP THE CENTER

- 1. The Center is in need of Decaf and Regular Coffee. Cake & Brownie Mix, and Frosting.
- 2. NEEDED Bingo players, a couple of hours each Wednesday from 1 pm to 3 pm. You can play two cards all afternoon for \$1.00.
- 3. We would appreciate if you could bring some finger treats for Turkey Bingo. Please bring them to the Center on Saturday, Nov. 9 between 5:45 6:30 P.M.. If you are unable to bring them at that time call 701-899-2502.
- 4. Invite your friends, family, and neighbors to come and play turkey bingo on Nov. 16 at 6:30 p.m. The cost would be \$1.00 per three cards per game and we play a total of twenty one games. The profit helping support the Breckenridge Senior Center.

I am attaching a flyer in your news letter for Turkey Bingo. If you could post this flyer on face book, Etc. or if you could post the flyer some location that people can see.

- 5. We need your help selling raffle tickets. Please turn in your raffle book when you have sold the tickets. I have extra tickets if you think you can sell more tickets.
- 6. Please save the parking places next to the building for the people that have trouble walking.
- 7. Get involved at the center, such as whist, pinochle, bingo, pot luck suppers, etc. Attend the Breckenridge Senior Center events.

REPORTS

Oct 8 - Jackpot Bingo - We have been having 10-12 people coming to play Jackpot Bingo. We thought that adding a \$200. Jackpot would increase the number of players.

Oct 8 - Pot Luck Supper - I scheduled Pot Luck Supper every month April - Dec this year. There was sixteen people in attendance. Everyone enjoyed the music provided by Rick Miller and the good food. No one went home hungry.

Oct 15 - Diabetes Management Class

This is the first class of many that will be presented by Sanford Health Staff at the center. We want to help provide Health information to our members and the community.

Presented by - Sanford Health RN Diabetes Educator, Karen Viger. Nutrition's Role in Aging and Diabetes Management in general, appropriate nutrition is crucial for aging since it can enhance the body's general health and functioning. (Page 4)

REPORTS

Oct 16 - Birthday/Anniversary

Members of the Breckenridge Senior Center born in October were invited to attend the noon meat at the Senior Center on October 16.

October Birthday members in attendance were Dennis Beyer, Kay Christenson, Steve Ziegelmann, and Ella Watson. Del/Eugene Walters were also in attendance. They had their wedding anniversary October 19.

A special thank you to Sanford Health for sponsoring the Birthday Meals.

OTHER INFORMATION

MEMBERSHIP DUE'S - Breckenridge Senior Center Year is January 1 to December 31 and that includes membership due's.

Membership dues for 2025 is \$20.00 Lifetime Membership dues are \$150.00

WEATHER - It is that time of the year, where we will have bad weather. When there is bad weather and you are wondering if the center is open for daily activity's check the TV or Radio. If Breckenridge School System chooses because of weather, we will cancel activities for that day. This includes the foot clinic.

RENTING THE CENTER - The Senior Center can be rented for special occasions: such as a bridal shower, rummage sale, family gathering, birthday party, anniversary party, graduation party, Christmas, etc.

Dinning Room - \$100. plus \$100. deposit.

Note: Deposit is used to cover any cleaning charges or

damage caused by renters. Deposit money will be returned if the center is cleaned and there is on damage.

MEMORIAL - If you would like to remind people of a person in your life that has passed, you could give a memorial to the center in their name. I will list the memorial in the news letter.

DONATIONS - If you have extra money and you are looking for a not-for-profit, please consider donation to the Breckenridge Senior Center. We are a not-for-profit 501c public agency. This would be a great way to help the Breckenridge Senior Center.

Breckenridge Monthly Meal Menu for November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
NSI provides this service through a contract with the DSAAA with funding from the Federal older Americans Act through the Minnesota Board on Aging.	NSI provided this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change. Meals are served with low fat milk, bread, and margarine.	Menu is subject to change	01) Chili Muffin Apple Sauce Brownie
04) Ham Pepper steak Mashed potato/gravy Glazed carrots Cheese cake 11) BBQ/bun Hot Dog on bun Baked beans Pea and cheese salad Cookie	05) Country pork chop Country fried steak Mashed potatoes Gravy Corn Dessert 12) Chicken Baked fish Cheesy hashbrowns California blend Lemon bar	06) Mac N Cheese Goulash Yellow beans Breadstick Baked apples 13) Meatballs Roast pork Mashed potato/gravy Squash Jell-o/topping	07) Liver & Onions Baked chicken Baked potato Yams Pudding/topping 14) Turkey Meatloaf Mashed potato/gravy Creamed peas Cake	08) Corn Chowder Ham Salad sandwich Fruit Juice Cookie 15) Taco Salad Muffin Dessert
18) Chicken strips Swiss steak Boiled potato/gravy Candied yams Pudding/topping 25) Pork Chop Turkey Bread dressing/gravy Creamed peas Rosy applesauce	19) Liver N Onions Chicken strips Mashed potato/gravy Scalloped corn Jell-o/topping 26) Chicken Spaghetti Casserole Spaghetti Meat sauce Wax beans Garlic bread stick Mandarin oranges	20) Creamy chicken breast BBQ Ribette Baked potato Green beans Rice pudding 27) Polish Sausage Baked ham Au gratin potatoes Candied carrots Cranberry salad Pumpkin bar	21) Fish Burger Salisbury Steak Sand Mashed potato/gravy California blend Cookie 28) Happy Thanksgiving Closed	22) Chicken Noodle Soup Salad Sandwich Dessert 29) Delivered on 27 th Chicken pasta salad Garlic bread stick Dessert

Meals are served with low fat milk, bread and margarine.

Please call 218-643-5730 by 8:00 with changes or leave a message anytime.