

Breckenridge Monthly Meal Menu for February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
03) Baked fish Meatloaf Scalloped potatoes Squash Pudding/topping	04) Ham Baked Chicken Mashed potato/gravy Glazed carrots Cookie	05) Chef Salad Hamburger Macaroni Casserole Corn Peaches	06) Pork Chop Chicken strips Au gratin potatoes Broccoli Poke cake	07) Chili Muffin Fruit juice Pudding/topping
10) Chicken melt Fish patty/bun Potato Salad Peas and carrots Fruit cup	11) Polish Sausage Swedish Meatballs Baked potato Mixed vegetables Cake	12) Hot dog Burger/bun Baked beans Coleslaw Jell-o/topping	13) Liver n Onions Pork roast Parsley boiled potatoes Sauerkraut Pineapple	14) Chicken Wild rice soup Sandwich Salad Dessert
17) Chef Salad Spaghetti/meat sauce Bread Stick Mixed vegetables Pudding/topping	18) Creamy Chicken BST Pepper Steak Mashed potato/gravy Harvard beets Fruit Crisp	19) Turkey Roast beef Mashed potato/gravy Green beans Cookie	20) Taco Bake Chicken Alfredo Egg noodles Carrots Mandarin oranges	21) Potato Soup Sandwich Fruit cup Cookie
24) Tuna Tetrazzini Lasagna Yellow Beans Bread stick Mandarin oranges Rice crispy bar	25) Liver N Onions Country fried Steak Mashed potato/gravy Peas & carrots Dessert	26) Meat loaf Baked chicken Dressing/gravy Squash Fruit juice Cookie	27) Mac N Cheese Tater tot hotdish Mixed vegetables Dinner roll Rosy Applesause	28) Chicken/Dumpling Soup Muffin Fruit Juice Dessert
Phone # 218-643-5730		Meals are served with low fat milk, bread, and margarine	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change.	NSI provides this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging.