

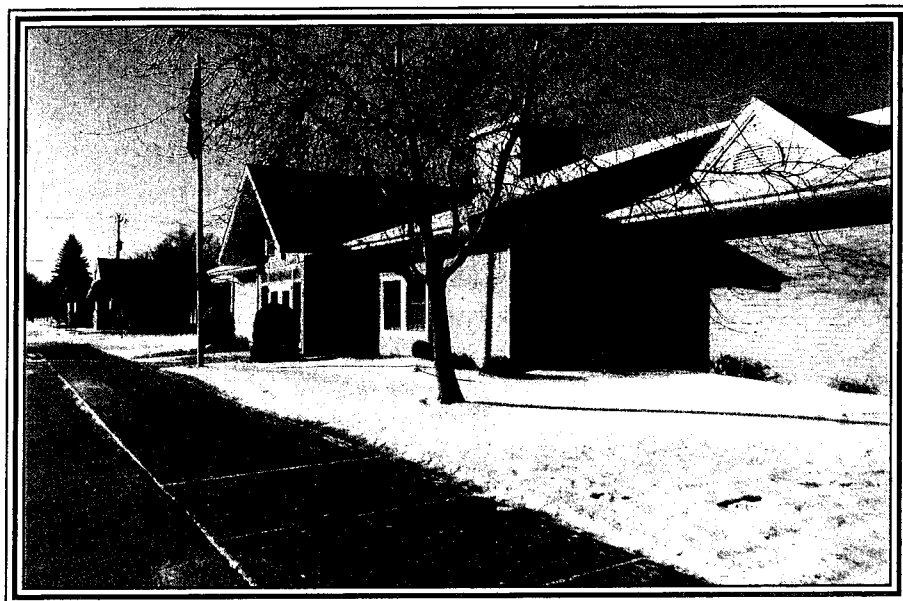
Breckenridge Senior Citizens Center January & February 2025 - News Letter

Board of Directors

President: Harlan Arneson,
Vice President: Darlene Arth,
Treasurer: Harlan Arneson
Secretary: Ella Watson

Board Members:

Arlene Cossette and Janette Hasse



Life Time Members: Beverly Arneson, Harlan Arneson, Shirley Berndt, Audrey Boll, Myrna Burlinson, Cal Cole, Margaret Conzemius, Arlene Cossette, Jeanne Devine, Charles Dupree, Mike Dupree, LaVonne Dupree, Bev Dozak, Marie Ellingson, Alice Gowin, Dona Hasbargen, Janette Hasse, Valeria Hegel, Carol Helgeson, Dennis Higgins, Janis Johnson, Kathleen Johnson, MarJo Keller, Gordy Kessler, Kevin Krutsinger, Judy Korinek, Albert Mikesh, Merrill Miranowski, Stephanie Miranowski, Pat Mitzel, Audrey Osmondson, Beryl

Osmondson, Paulette Raguse, Dorothy Rakow, Lois Ruediger, Elizabeth Spent, Lois Thykeson, Ella Watson, Gary Wawers, Sandra Willson, Cheryl Ziegelmann and Steve Ziegelmann.

2024 Yearly Members - Wallace Affield, Harvey Anzel, Faye Andree, Darlene Arth, Carol Anderson, Sue Anderson, Dale Anderson, Barbara Baumgartner, Beth Beyer, Dennis Beyer, David Beyer, Jan Beyer, Diane P. Bjerke, Gary Boutiette, Mary Cambell, Doug Cambell, Kay Christenson, Beverly Christensen, Teeke Colby, Janet Czichotzki, Donna Doran, Jared Dupree, Rosie Dupree, Marge Ehlers, Alice Ellsworth, Donald Facey, Pamela Facey, Neal Folstad, Phyllis Folstad, Von Da Lee Grandalen, Velora Hensley, Edna Hermes, Cecil Irion, Darlene Irion, Germaine Jelinek, Florene Johnson, Dee Johansen, Paul Kafuman, Steph Kafuman, Donna Kerry, Roy King, Butch Klinnert, Judy Korinek, Diane Klinnert, Ed Klein, Steve Klein, Clared (Ed) Knoell, Mary Kosel, Irv Leinen, Kaye Leinen, Joretta Lingen, Denanna Loreth, Jerry Loreth, Donna Marohl, Jan Michels, Berniece Miller, Cathy Nordick, Jerry Nordick, Christine Orsburne, Raymond Orsburne, Bob Oscarson, Jeri Oscarson, Eileen Overby, Pat Peterson, Wilma Papka, Gloria Reisdorfer, Julie Reeder, Charles Reiff, Muriel Revier, Mary Lou Roecker, Neil Ross, Celia Rossow, Patricia Rustand, Paul Sannes, Rosemary Samuelson, Krystal Schaible, Beverly Schillinger, Janella Schmidt, Nancy Stackhouse, Bruce Storm, Maynard Thomson, Dianne Vavra, Del Walter, Eugene Walter, Ella Watson, Joanie Ward, Mark Ward, Alan Wallace, Paula Wallace, Mariys Wefel, Howard Woodbury and Millie Ziegelmann

Breckenridge Senior Center Mission Statement -

Our mission is to provide seniors with programs which will enhance and encourage independence, socialization, choices, and a healthy lifestyle. Everyone will be free of discrimination and be treated with dignity and respect.

(Page 1)

PINOCHLE WINNERS



NOV 26, Pinochle Winners

- 1st. Denny Beyer
- 2nd. Ella Watson
- 3rd. Mike Dupree
- 4th. Phyllis Folstad
- 5th. Jerry Loreth

DEC 3, Pinochle Winners

- 1st. Dave Beyer
- 2nd. Ella Watson
- 3rd. Muriel Revier
- 4th. Rich Hill
- 5th. Alice Ellsworth
- 6th. Jerry Loreth

DEC 10, Pinochle Winners

- 1st. Phyllis Folstad
- 2nd. Ella Watson
- 3rd. Denny Beyer
- 4th. Harvey Andel
- 5th. Kay Leinen
- 6th. David Beyer

DEC 17, Pinochle Winners

- 1st. Jeannette Pikarski
- 2nd. Kaye Leinen
- 3rd. David Beyer
- 4th. Jerry Loreth
- 5th. Rick Hill
- 6th. Charles Dupree

WHIST WINNERS

NOV 21, Whist Winners

- 1st. Dee Johanason
- 2nd. Maynard Thomson
- 3rd. Lois Ruediger
- 4th. Kay Christensen
Carol Helgeson
- 5th. Ella Watson

Nov 28, Whist Winners

- 1st. Center Closed
- 2nd.

DEC 5 Whist Winners

- 1st. Carol Helgeson
- 2nd. Jared Dupree
- 3rd. Maynard Thomson

DEC 12, Whist Winners

- 1st. Krystal Shaible
- 2nd. Jared Dupree
- 3rd. Marlys Wefel

DEC 19, Whist Winners

No cards because of weather

If you are interested in playing cards, please call Ella Watson and give her your name and phone number.

(218-671-0964)

January Birthday



- 01 Muriel Revier
- 09 Shirley Berndt
- 09 Esther Bernard
- 12 Neil Folstad
- 13 Mike Dupree
- 13 Colby Teeke
- 16 Alice Ellsworth
- 17 Jeanne DeVine
- 22 Harvey Andel
- 25 Darlene Arth
- 25 Dale Anderson
- 25 Florene Johnson
- 28 Phyllis Folstad
- 30 Paul Kaufman

No anniversaries listed for January.

Members that have a Birthday in January, are invited to a free noon meal on January 15 at 11:15 at the Breckenridge Senior Center.

February Birthdays



- 02 Myrna Burlison
- 04 Ray King
- 06 Raymond Orsburne
- 10 Del Walter
- 15 Doug Campbell
- 17 Berniece Miller
- 19 Jan Beyer
- 22 Dianne Vavra
- 25 Alan Wallace
- 26 Bruce Storm
- 27 Howard Woodbury

Members that have a Birthday in Feb. are invited to a free noon meal on Feb. 19 at 11:15.

February Anniversaries

- 14 Cheryl/Steve Ziegelmann
-

MEMORIAL - If you would like to remind people of a special person in your life that has passed. You could give a memorial to the center in their name. I will list that you have made a donation to the center in their name.

DONATIONS - If you have extra money and you are looking for a not-for-profit organization please consider donation to the Breckenridge Senior Citizens Center. We are a not-for-profit 501c public Agencies. This would be a great way to help the center.

RENTING - The Senior Center

The Breckenridge Senior Center can be rented for special occasions: such as a bridal shower, rummage sale, family gathering, birthday party, anniversary party, graduation party, Christmas, etc. It can be rented on weekends, week nights, and may be rented week days if we can make it work.

Dinning Room: \$100. plus \$100. deposit.

Note: Deposit is used to cover any cleaning charges or damage caused by renter. Deposit will be returned if the center is cleaned and there is no damage.

SENIOR CENTER Storm Policy - We will use the Breckenridge School System as our bad weather policy. If Breckenridge School System cancels school because of weather, we will cancel activities for that day.

- If the Senior Center is having a event on a Saturday or Sunday, I will call KBMW and put the cancellation on the Radio.

- You can call me if needed 701-899-2502.

FOOT CLINIC Storm Policy- If the Breckenridge School is closed because of bad weather the Foot Clinic at the Breckenridge Senior Center will not be held that day. Julie is at the Center the second Wednesday and the Tuesday before the second Wednesday.

MEMBERSHIP DUE'S - Breckenridge Senior Center year runs from January 1 to December 31 and that includes membership due's.

Membership yearly due's are \$20.00.

Lifetime Membership due's are \$150.00

(Page 3)

Membership - It is that time of the year again, time to pay your Breckenridge Senior Center membership dues. Yearly membership is \$20.00 or you could get a lifetime membership for \$150. Members receive a newsletter, voting rights, and a free meal on their birthday month. Being a Senior Center member is a great way to meet new people, and socialize. Being involved helps keep minds and bodies active and healthy! Word of mouth is the best advertising, so tell your friends and neighbors about the Center.

We ended the year with 40 lifetime members and 92 yearly members. The total paid members as of Dec 19 is 132.

UPCOMING EVENTS (January and February)

DAILY ACTIVITIES

- Pinochle each Tuesday 1:00 PM**
- Bingo each Wednesday 1:00 PM**
- Whist each Thursday at 1:00 PM**

JANUARY 2025

Tuesday	07	8:00 AM	Foot Clinic
Wednesday	08	8:00 AM	Foot Clinic
Wednesday	08	9:00 AM	Board Meeting
Wednesday	15	11:30 AM	Birthday/Anniversary Meal

FEBRUARY

Tuesday	11	8:00 AM	Foot Clinic
Wednesday	12	8:00 AM	Foot Clinic
Wednesday	12	9:00 AM	Board Meeting
Wednesday	19	11:30 AM	Birthday/Anniversary Meal

SPLIT POT BINGO/POT LUCK

January, February and March we will only have daily activities at the Center. We will close daily activities when the weather is bad. We will be closed when the Breckenridge School System calls off school because of weather.

BIRTHDAY MEAL - Members of the Breckenridge Senior Center can enjoy a free noon meal at the center on the third Wednesday of the month of their birthday. You need to call the Center the day before the planned meal and inform Cheryl that you would like to attend the noon meal on the third Wednesday of your birthday and your choice of menu options. Sanford Health is sponsoring the Birthday event.

EVENTS REPORTS

DECEMBER 10th

POT LUCK SUPPER - About thirty people were in attendance at the monthly potluck supper. Everyone in attendance enjoyed the good food, and fellowship.

SPLIT POT BINGO - Sixteen people stayed to play nineteen games of split pot bingo and one blackout.

RAFFLE TICKETS - The 2024 raffle came to an end on December 10th at the pot luck supper. We drew the following names from the 2,304 raffle tickets that were sold.

\$400.	Lori Lien
\$100	Darlene Iron
\$100.	Alisha Brust
\$ 50.	Jared Miller

THANK YOU - I want to thank everyone that sold raffle tickets, and those that bought raffle tickets. A special thanks to Jerry Loreth our top salesman, He sold 780 raffle tickets and raised \$1,300. Thank You

This was a great fund raiser that involved many people.

Income	3,839.00
Expenses	<u>- 961.00</u>
	\$2,878.00

December 18th - Birthday/Anniversary Recognition

Members of the Breckenridge Senior Center born in December were invited to attend the noon meal at the Senior Center on December `8th.

The following members with birthdays in December were in attendance: Lois Ruediger and Arlene Cossette.

Local Sanford Health representative in attendance this month was Nicole Miranowski Wahpeton Clinic.

A special thank you to Sanford Health for sponsoring the Birthday Meals.

WAYS YOU CAN HELP THE CENTER

NEEDED

- Decaf Coffee
- Regular Coffee
- Cake mix's
- Brownie mix's
- Frosting

PARKING - Please sane the parking spots close to the west door for the people that have problems walking.

Humor:

THE PERFECT HUSBAND

When I went to lunch today, I noticed an old lady sitting on a park bench sobbing her eyes out. I stopped and asked her what was wrong. She said, "I have a 22-year-old husband at home. He makes love to me every morning and then gets up and makes me pancakes, sausage, fresh fruit, and freshly ground coffee."

I said, "Well, then why are you crying?"

She said, "He makes me homemade soup for lunch and my favorite brownies and then makes love to me for half the afternoon".

I said, "Well, why are you crying?"

She said, "For dinner, he makes me a gourmet meal with wine and my favorite dessert and then makes love to me until 2:00 a.m.

I said, "Well, why in the world would you be crying?"

She said, "I can't remember where I live."

You know you're a senior when finding your glasses becomes an all-day task.

I decided I wasn't going to let getting older slow me down. But my body had other plans.

HUMOR:

The evangelist called to all who wanted to be healed to go to their television set, place one hand on the TV and the other hand on the body part where they wanted to be healed.

Grandma got up and slowly hobbled to the television set, placed her right hand on the set, and her left hand on her arthritic shoulder that was causing her to have great pain.

Then Grandpa got up, went to the TV, placed his right hand on the set, and his left hand on his crotch.

Grandma scowled at him and said,

"I guess you just don't get it. The purpose of doing this is to heal the sick, not to raise the dead."

When cars get old, they're classic. When cheese gets old, it's blue. What do they call people when they get old? Old people.

You know you're getting older when everything you see at a vintage flea market is something you already own.

Old age makes us great multitaskers. Why, I can sneeze and pee at the same time!

One benefit of old age is that your secrets are always safe with your friends ... because they can't remember them!

Stop thinking of them as "hot flashes." Think of them as your inner child playing with matches.

Now that I've gotten older, everything's finally starting to click for me. My knees, my back, my neck ...

What goes up but never comes down? Your age.

What do you call advice from a cow? Beef Tips.

Why did the scarecrow win an award? Because he was outstanding in his field.

Why did the melon jump into the lake? It wanted to be a water-melon.

What did the duck say when it bought lipstick? "Put it on my bill."

What do you call a pig that does karate? A pork chop.

Why were the teacher's eyes crossed? She couldn't control her pupils.

Eyewitness to Crime

The elderly man was an eyewitness to the car shop crime scene. When the police asked him to tell them what happened, he told them what he'd seen.

"The guy with the beer belly grabbed a wrench from the toolbox!"

"What happened next?" the detective asked.

"Oh man, it was a gut-wrenching moment."

Breckenridge Monthly Meal Menu for January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
NSI provides this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging.	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change.	01) Happy New Year Closed	02) Chicken Strips Pork roast Mashed vegetables Pudding	03) Chili Muffin Fruit Juice Pudding/topping
06) Hamburger gravy Chicken gravy Biscuit Corn Mashed potatoes Rice Krispy bar	07) Meat balls Baked ham Au gratin potatoes Steamed broccoli Lemon cake	08) Chef Salad Spaghetti with meat sauce Wax beans Bread sticks Mandarin oranges	09) Liver N onions Oven fried chicken Mashed potato/gravy Mixed vegetables Blushing pears	10) Kneophla Soup Sandwich Salad Dessert
13) Cheese burger/bun Chicken Melt/bun Baked beans Potato salad Pudding/topping	14) Chicken strips Meatloaf Mashed potato/gravy Baked squash Whipped jell-o	15) Ham Turkey/dressing Mashed potato/gravy Green bean casserole Pumpkin bar	16) Polish Sausage Swedish Meatballs Boiled potato/gravy Carrots Fruit crisp	17) Turkey Rice soup Egg salad Fruit cup Cake
20) Salisbury Steak Country fried steak Mashed potato/gravy Beets Cookie	21) Liver N Onions Creamy chicken breast Baked sweet potato Green beans Spice cake	22) Salmon loaf Roast beef Mashed potato/gravy Carrots Pineapple	23) Chicken Pepper steak Baked potato Creamed corn Chocolate Fluff	24) Bean & ham soup Sandwich Salad Dessert
27) Fish Burger BBQ Parsley potatoes Coleslaw Jell-0/topping	28) Chicken Alfredo Ham Scalloped potatoes Steamed broccoli Pudding/topping	29) Tater tot hot dish Chicken Chow mein White rice Egg roll Mandarin oranges	30) Chicken Strips Tater crust fish Baked potato Creamed peas Lemon Fluff	31) Chicken Noodle Sandwich Fruit Cup Cookie

Meals are served with low fat milk, bread, and margarine
Phone # 218-643-5730

Breckenridge Monthly Meal Menu for February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
03) Baked fish Meatloaf Scalloped potatoes Squash Pudding/topping	04) Ham Baked Chicken Mashed potato/gravy Glazed carrots Cookie	05) Chef Salad Hamburger Macaroni Casserole Corn Peaches	06) Pork Chop Chicken strips Au gratin potatoes Broccoli Poke cake	07) Chili Muffin Fruit juice Pudding/topping
10) Chicken melt Fish patty/bun Potato Salad Peas and carrots Fruit cup	11) Polish Sausage Swedish Meatballs Baked potato Mixed vegetables Cake	12) Hot dog Burger/bun Baked beans Coleslaw Jell-o/topping	13) Liver n Onions Pork roast Parsley boiled potatoes Sauerkraut Pineapple	14) Chicken Wild rice soup Sandwich Salad Dessert
17) Chef Salad Spaghetti/meat sauce Bread Stick Mixed vegetables Pudding/topping	18) Creamy Chicken BST Pepper Steak Mashed potato/gravy Harvard beets Fruit Crisp	19) Turkey Roast beef Mashed potato/gravy Green beans Cookie	20) Taco Bake Chicken Alfredo Egg noodles Carrots Mandarin oranges	21) Potato Soup Sandwich Fruit cup Cookie
24) Tuna Tetrzzini Lasagna Yellow Beans Bread stick Mandarin oranges Rice crispy bar	25) Liver N Onions Country fried Steak Mashed potato/gravy Peas & carrots Dessert	26) Meat loaf Baked chicken Dressing/gravy Squash Fruit juice Cookie	27) Mac N Cheese Tater tot hotdish Mixed vegetables Dinner roll Rosy Applesause	28) Chicken/Dumpling Soup Muffin Fruit Juice Dessert
Phone # 218-643-5730		Meals are served with low fat milk, bread, and margarine	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change.	NSI provides this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging.