

## Breckenridge Monthly Meal Menu for March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<b>03)</b> <b>Chicken Strips</b> <b>Salisbury Steak</b> <b>Mashed potato/gravy</b> <b>Creamed corn</b> <b>Fruit Cup</b>	<b>04)</b> <b>Taco Bake</b> <b>Chicken &amp; Dumplings</b> <b>Fruit salad</b> <b>Corn muffin</b> <b>Pudding/topping</b>	<b>05)</b> <b>Polish Sausage</b> <b>Fish</b> <b>Baked potato</b> <b>Coleslaw</b> <b>Chocolate Chip Cookie</b>	<b>06)</b> <b>Ham</b> <b>Meatloaf</b> <b>Au gratin potatoes</b> <b>Mixed vegetables</b> <b>Baked diced apples</b>	<b>07)</b> <b>Vegetable soup</b> <b>Egg salad sandwich</b> <b>Vanilla fruit salad</b> <b>Cookie</b>
<b>10)</b> <b>Meatballs</b> <b>Pork chop</b> <b>Mashed potato/gravy</b> <b>Carrots</b> <b>Peanut butter bar</b>	<b>11)</b> <b>Chef Salad</b> <b>Spaghetti/meat sauce</b> <b>Yellow beans</b> <b>Garlic toast medallions</b> <b>Mandarin oranges</b>	<b>12)</b> <b>Ribette</b> <b>Roast beef</b> <b>Mashed potato/gravy</b> <b>Peas &amp; Carrots</b> <b>Starburst Cake</b>	<b>13)</b> <b>Liver N Onions</b> <b>Chicken strips</b> <b>Potato Casserole</b> <b>Carrots</b> <b>Pudding</b>	<b>14)</b> <b>Chicken rice soup</b> <b>Sandwich</b> <b>Fruit juice</b> <b>Peaches</b>
<b>17)</b> <b>Hamburger gravy</b> <b>Creamed chicken</b> <b>over a biscuit</b> <b>Peas &amp; carrots</b> <b>Fruit cup</b>	<b>18)</b> <b>Creamy chicken breast</b> <b>Swedish meatballs</b> <b>Mashed potato/gravy</b> <b>Harvard beets</b> <b>Cinnamon applesauce</b>	<b>19)</b> <b>Ham</b> <b>Roast turkey</b> <b>Mashed potato/gravy</b> <b>Baked squash</b> <b>Jello/topping</b>	<b>20)</b> <b>Chicken Stir Fry</b> <b>Beef stew</b> <b>Fruit cup</b> <b>Biscuit</b> <b>Apple sauce</b>	<b>21)</b> <b>Chili</b> <b>Muffin</b> <b>Fruit juice</b> <b>Pudding</b>
<b>24)</b> <b>Country Fried Steak</b> <b>Pepper steak</b> <b>Boiled potatoes/gravy</b> <b>Creamed corn</b> <b>Pudding/topping</b>	<b>25)</b> <b>Liver N Onions</b> <b>Baked ham</b> <b>Baked sweet potato</b> <b>Green beans</b> <b>Pumpkin bar</b>	<b>26)</b> <b>Chicken Lettuce Salad</b> <b>Hamburger macaroni</b> <b>casserole</b> <b>Mixed vegetables</b> <b>Warm baked apples</b>	<b>27)</b> <b>Baked chicken</b> <b>Roast port</b> <b>Mashed potato/gravy</b> <b>Beets</b> <b>Cookie</b>	<b>28)</b> <b>Kneophla Soup</b> <b>Sandwich</b> <b>Fruit cup</b>
<b>31)</b> <b>Chicken meat</b> <b>Polish sausage</b> <b>Parsley potatoes</b> <b>Sauerkraut</b> <b>Lemon bar</b>	<b>NSI provided this service</b> <b>through a contract with</b> <b>the DSAAA with funding</b> <b>from the Federal Older</b> <b>Americans Act through</b> <b>the Minnesota Board on</b> <b>Aging.</b>	<b>This meal is prepared</b> <b>in a facility that uses</b> <b>wheat, soy, dairy and</b> <b>nuts. Menu is subject</b> <b>to change.</b>	<b>Meals are served with</b> <b>low fat milk, bread,</b> <b>and margarine.</b>	

Please call by 8:00 with changes or leave a message anytime.

Phone # 643-5730